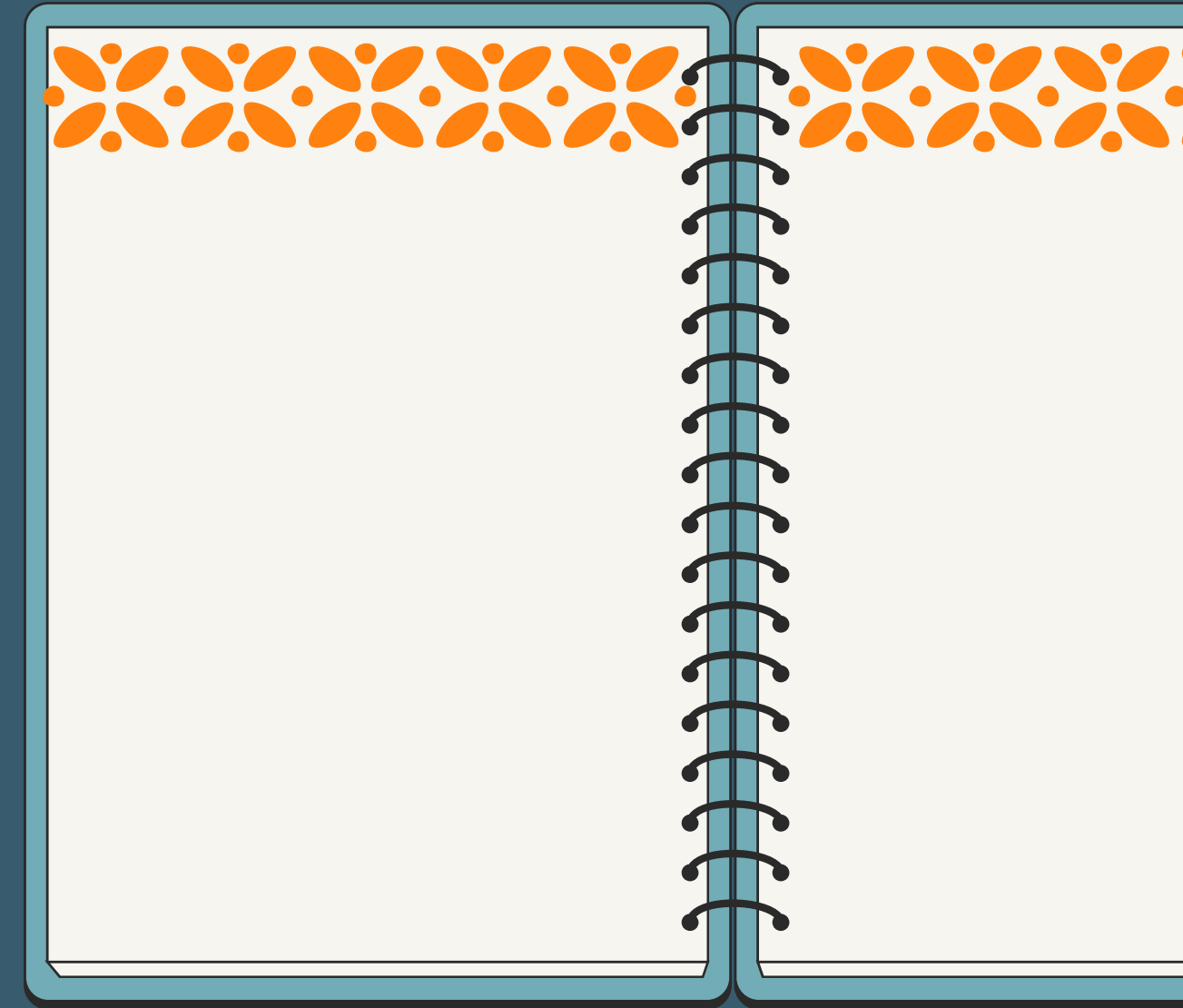




SVARĀNTAR ACADEMY OF MUSIC

SYLLABUS



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TABLA

Curriculum - Beginner/Intermediate/Advanced



Introduction

Hindustani Classical Music is not just a tradition—it is a journey of the soul, weaving centuries of cultural wisdom into melodies that transcend time. This music system is built on a scale of seven notes (Swaras) and features various vocal styles, including Khayal, Dhrupad, and Thumri. Learning Hindustani Classical Music requires discipline in voice training, Raga exploration, and rhythmic mastery, making it both an art form and a spiritual practice. The improvisational essence of Hindustani music allows for a unique interplay between melody (Raga) and rhythm (Taal), where no two performances are ever the same.

More than an art form, Hindustani Classical Music is an immersive experience, guiding both the performer and the listener through a dynamic expression of life's joys, sorrows, and contemplations. It offers a pathway to inner harmony, blending tradition with creativity in a deeply personal and meditative process of self-discovery.

Beginner

Introduction to Tabla

1. History and cultural significance of the Tabla
2. Understanding the anatomy of the Tabla: Dayan (right drum) and Bayan (left drum)
3. Basic posture and hand positions
4. Basic Bol (Syllables)
5. Introduction to fundamental bols: Dha, Na, Tin, Ghe, Ke
6. Developing clarity and precision in playing these bols
7. Understanding Taal (Rhythmic Cycles)
8. Introduction to simple taals: Teen Taal (16 beats), Dadra (6 beats)
9. Understanding the concept of matras (beats) and Sam (first beat of a cycle)
10. Learning to play simple compositions within these taals
11. Basic Exercises
12. Basic coordination exercises for hands
13. Practice simple compositions (Kaida) to build technique and speed
14. Developing steady rhythm and timing
15. Introduction to Accompaniment
16. Basic Tabla accompaniment with vocal or instrumental music
17. Playing basic thekas (standard rhythm patterns) for Teen Taal and Dadra



Intermediate



1. Advanced Bols and Combinations
2. Introducing more complex bols: Dha-Tir-Kit, Tita, Kat
3. Developing speed and clarity in bol combinations
4. Exploring More Taals
5. Introduction to complex taals like Jhap Taal (10 beats) and Rupak (7 beats)
6. Learning how to transition between different taals seamlessly
7. Advanced Kaidas and Peshkar
8. Learning more intricate Kaidas with variations
9. Introduction to Peshkar (thematic development of compositions)
10. Tabla Solo Performance Techniques
11. Understanding the structure of a Tabla solo performance
12. Learning to play Tihai (a rhythmic phrase repeated three times to conclude a section)
13. Accompaniment Skills
14. Accompanying instrumentalists and vocalists in different styles of music
15. Understanding dynamics and improvisation in live performance
16. Basic Composition and Improvisation
17. Learning how to compose short phrases within a Taal
18. Improvisation exercises for performance flexibility

Advance



1. Mastering Complex Bols and Rhythms
2. Mastery of advanced bols and faster tempos
3. Practicing intricate bol patterns and their applications in different taals
4. Deep Dive into Advanced Taals
5. Learning advanced taals like Dhamar (14 beats), Pancham Sawari (15 beats)
6. Playing cross-rhythms and complex variations within these taals
7. Advanced Solo Techniques
8. Mastering advanced Kaidas, Relas (fast compositions), and Gats (pre-composed fixed patterns)
9. Using Chakradhar (a special kind of Tihai) to conclude performances
10. Advanced Accompaniment Techniques
11. Accompanying classical vocal and instrumental forms (Khyal, Thumri, Sitar, Sarod)
12. Understanding nuanced accompaniment with improvisation
13. Composing and Improvising Advanced Tihai and Kaida
14. Composing your own complex Kaidas and Tihai
15. Advanced improvisation techniques for solo and accompaniment
16. Tabla in Fusion and Contemporary Styles
17. Incorporating Tabla into fusion and modern music (Bollywood, fusion, and world music)
18. Experimenting with different genres and collaborating with other musicians

Our Goal Is To Help You Achieve Your Musical Dreams



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